



FOUNDATION MAXIMILIAN BIRCHER

APPEAL FOR DONATIONS

Braunwald, April 2020

Dear Sir or Madam,

MEDICINE, QUO VADIS?

That is the question. Are medical science and the school of medicine going in the appropriate direction? Why is "healthcare" becoming so expensive? Why are people increasingly falling ill, and earlier in their life, with "diseases of civilisation"? What actually is "cutting-edge medicine" and who benefits from it? Why is the medical business booming so much with increasingly new and ever larger hospitals? And the pharmaceutical industry?

Medical business is booming:



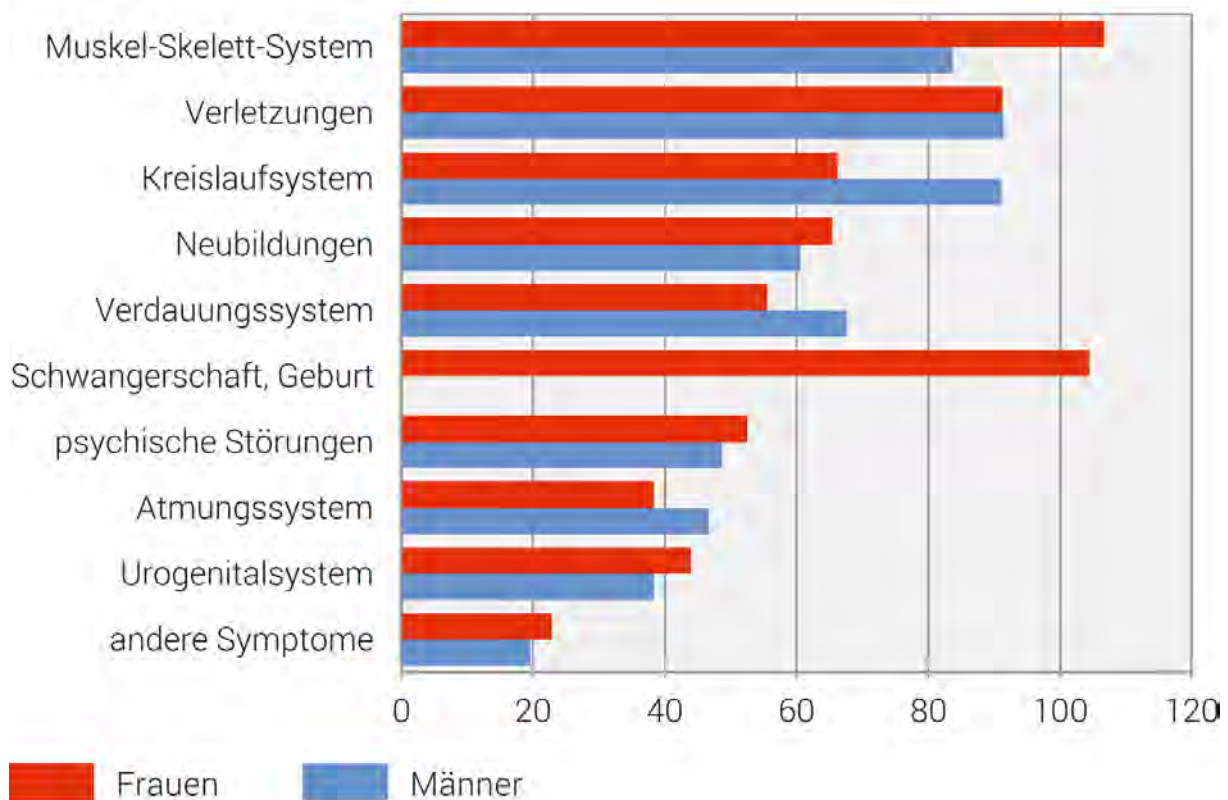
The city of Zurich is spending 260 million CHF on the new construction of Triemli Hospital – Neue Zürcher Zeitung (NZZ) newspaper, 12.7.2016

Do patients know why they have fallen ill? What did they do for prevention and what are they doing for their recovery? Why is there such an extremely high polymorbidity in the third age of life, why so many heart attacks and why so much cancer? Why do people have to take so many medicines and they do not get well Why must patients take so many medications and still do not get well: to suppress symptoms and against side effects? How are young people selected for medical studies? Is this practiced method suitable for assessing the vocation to be a doctor? Are young doctors well prepared to treat patients and to really cure their diseases?

Reasons for hospitalisation in thousands: Data of the Swiss Federal Statistical Office:

Häufigste Diagnosegruppen, 2016

Anzahl Hospitalisierungen in 1 000



Kapitel ICD-10, ohne Kapitel XXI «Faktoren, die den Gesundheitszustand beeinflussen»

Quelle: BFS – Medizinische Statistik der Krankenhäuser (MS)

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Musculoskeletal system, injury, cardiovascular system, tumours and cancers, gastrointestinal system, pregnancy and childbirth, mental disorders, respiratory system, urogenital system, other symptoms. In red: women, in blue: men.

Today, there are many questions and many answers:

As the development of medicine has today reached its limits to a degree that was unforeseen. People's state of health has changed, but despite the enormous expenditure on healthcare that can hardly be sustained any more, this change has

not really been for the better. Our medicine has been able to contain major epidemic diseases, but these have been replaced by other chronic diseases.

People are contracting degenerative and chronic diseases earlier than ever, and the modern doctor is more or less powerless against them, despite his vast arsenal of different drugs. These doubtless sometimes succeed in alleviating symptoms and delaying complications, but don't really succeed in curing and preventing the diseases.

Causes of death – Swiss Federal Statistical Office, 2015

The majority of deaths are attributable to a few causes: cardiovascular diseases, cancers, diseases of respiratory organs, accidents and other traumas, and dementia. The order of these causes varies depending on gender and age.

2015	Deaths		Mortality rate ¹	
	Men	Women	Men	Women
All causes of death	32,646	34,960	547.2	367.2
Infectious diseases	397	431	6.9	4.4
Cancers collectively	9,571	7,690	163.7	106.4
Colon ²				
Lung				
Breast				
Diabetes mellitus	631	685	10.1	6.6
Dementia	1,965	4,400	29.1	35.3
Circulatory system	9,715	11,878	154.5	103.7
Heart diseases collectively				
Ischaemic heart diseases				
Cerebrovascular diseases				
Diseases of respiratory organs collectively	2,315	2,299	36.7	22.6
Alcoholic liver cirrhosis	336	131	6.5	2.5
Accidents and traumas	2,299	1,528	44.3	19.1
Accidents				
Suicides				

¹ Age-standardised mortality rate per 100,000 inhabitants

² Colon only (ICD-10: C18) Source: CoD

This Swiss statistics is consistent with WHO statistics:



On 5 May 1997, it was stated:

Quote: "Chronic diseases have increased globally and infectious diseases are spreading worldwide: hundreds of millions of people will become victims of cancer, heart and circulatory diseases and diseases of the respiratory tract in the coming years." At that time it was estimated that, in EU countries alone, breast cancer would increase by 30% and prostate cancer by 40% in the following 25 years. The forecast was similar for cardiovascular diseases, obesity, diabetes and other degenerative diseases such as rheumatic disorders, cirrhosis of the liver, autoimmune diseases, neurodermitis (chronic eczema), allergies, Parkinson's disease and Alzheimer's disease.

The WHO statistics from 2008 were no different:

Quote: "80% of premature deaths are attributable to chronic diseases (including cardiovascular diseases, strokes and cancer)... Statistical forecasts show that the number of deaths from chronic diseases is constantly on the increase, and this is the case similarly for men and women... In 2015, non-communicable chronic diseases (NCDs) are expected to be the leading cause of death even in developing nations."

Furthermore, the WHO statistics from 2011 confirmed this:

Quote: "In industrialised nations, 87% of all deaths can be traced back to non-communicable diseases, in newly industrialised countries it is 87%, while in developing nations it is 36%." From 2000 to 2011, deaths worldwide due to heart attacks increased by 19%, due to strokes (apoplexy) by 11%, due to lung cancer by 25% and due to diabetes by 40%, while those due to infectious diseases decreased slightly."

Between 2008 and 2012, cancer diagnoses increased by 11%, with breast cancer increasing by 25%. The fact that the WHO is forecasting a further increase of 37% by 2025 shows that there is no change in sight and the latest global statistics from 2014 tell similar facts.



Technical cutting-edge medicine



Booming pharmaceutical industry

With all respect for the mastery and genius of medical technology and pharmacology, we can now no longer overlook the fact that our modern medicine has failed in its task of preventing and curing the most common diseases.

The multiple sufferings of our patients in hospital and in outpatient consultations make us doctors aware of the deficiencies of our methods in an unpleasant way. Not for much longer can we avoid, at least to some extent, questioning the validity of our diligently studied understanding of human biology and human diseases – of our scientific paradigm.

The massive increase in the chronic diseases of our civilisation, despite ever greater expenditure that can hardly be sustained any more, shows that there is a basic misunderstanding between the latest medical science and the biological nature of the human being.

General discontent in the population and among doctors and medical professionals has increased and urgently demands a new solution.

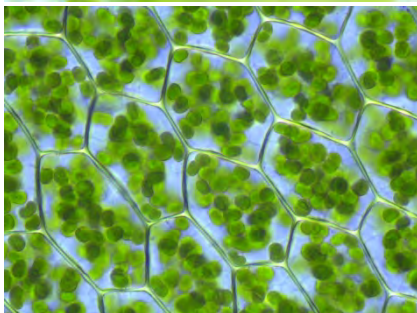
We are being called upon to reassess the way we think and act in relation to medicine and natural science and to look for new avenues in medicine and in scientific thinking.

The scientific paradigm of our time is shaped to a great extent by René Descartes' machine model. Indeed, the purely material observation and analysis of people in terms of individual functional and specialist areas related to organs has its justification. However, this leads us into the trap of fragmentary thinking, with the risk of overlooking the effects of a particular medical measure on other organ regions and on the human biological system, which reacts always as a whole to every stimulus.

With energetic considerations Descartes had thoroughly cleaned up. The existence of a soul was seriously questioned after him. Psychological states were "nervous disorders" and a mental collapse was a "nervous breakdown" and were referred to a neurologist. It was not until 200 years later that doctors for the psyche (psychiatrists) emerged, and it was 300 years later that psychosomatic medicine came into being. Our medical thinking sometimes still suffers from this artificial separation of body and soul.

In the meantime, molecular biology and biophysics have achieved great insights in the research of energetic phenomena in the biological system. These findings are partly diametrically opposed to our medical paradigm:

Intracellular light storage and photon amplification according to the LASER principle have been proven scientifically. There is scientifically recognised molecular biological research on the extracellular space and on the human basic regulation system, with its molecular network structure made up of proteoglycans, which is our system for conducting and storing complex biological information that governs how the biochemical processes in the biological system work.



Chlorophyll in plant cells



Photon storage



UV light storage in humans

The findings of Nobel Prize winner Ilya Prigogine on the shift of biochemical systems from the chaos principle into a regulative coherence principle under the influence of highly organised energy and information from the stored light in cells are only partly consistent with the current scientific paradigm. Therefore, it is not surprising that these findings from scientific basic research barely attracted any attention from doctors and professors.

We grow in direct proportion to the amount of chaos we can sustain and dissipate.

Ilya Prigogine

meetville.com

ORDER OUT OF CHAOS
MAN'S NEW DIALOGUE WITH NATURE
BY ILYA PRIGOGINE
WINNER OF THE NOBEL PRIZE
AND SABELLE STENGERS
WITH A FOREWORD BY ALVIN TOFFLER

Ilya Prigogine, Nobel Prize 1977: The living cell is the only place where order arises out of chaos, as the energy in the cells is so far from thermodynamic equilibrium that the second law of thermodynamics becomes invalid.

The inclusion of knowledge about energy will fundamentally change the paradigm of our medical science. Calories as a measure of chaotic combustion energy will have outlived their usefulness as a measure of nutritional energy once the quality of the energy (its biological information content) is taken into account. The second law of energetics (the law of entropy) will be considered in nutrition and dietetics. Instead of being evaluated according to its heat of combustion, food will be evaluated according to its highly organised energy and its proximity to photosynthesis – that is to say by its content of biologically regulative information.

In our current medical thinking, troublesome symptoms are seen as an enemy that must be combatted. This is understandable, **but whenever symptoms are suppressed, it causes the disease to become chronic** because it acts against the organism's self-healing powers. The diagnosis is usually just a description of symptoms. **This generally does not lead to the causes but directly to medication, if not surgery.** The symptoms do not arise from the disease itself. They are a result of the biological system's effort to eliminate the disorder that the disease has produced in it. They are an expression of the organism's efforts to heal and power of recovery. **Diseases only become chronic when the biological system cannot find its way back to the natural order of life and health.**

The real contrast between our current medical science of the universities and a scientifically researching natural medicine lies in the question of energy. **The spread of the regulatory effect is cybernetic.** The mostly simple, linear approaches of current research methods cannot keep pace with this. We need new ideas, new models, a fundamentally new scientific understanding, and new approaches and definitions for our "evidence-based medicine".

Regulative therapy

Dietetics and regulative therapy as researched and established by Maximilian Bircher Benner are at the heart of scientific natural medicine today, in the view of German professors. They are the way out of the dead-end street in which current medicine finds itself.

The term "Ordnungstherapie" (regulative, ordering Therapy) denotes any medical treatment aimed at restoring the processes of the biological system (which have been thrown out of equilibrium as a result of disease) to their ingenious and extremely complex state of order that characterises health. This then initiates healing. A regulative therapist is any doctor or therapist who takes this goal as the basis for their therapeutic considerations.



Consultation with Hippocrates in Kos

The first regulative therapy approaches go back to ancient times. Back in 400 BC, Hippocratic science called to account magical and theurgical medicine and its representatives and turned against the old belief in a supernatural origin for certain diseases. Therefore, we find in Hippocratic writing on the "sacred disease" (epilepsy), for example: "We do not find the power of divinity in the fact that it singles out individual persons to mark them with an epileptic or apoplectic fit; it manifests itself rather for those with any understanding in the law that governs the entire cosmos and to which the human organism in health and sickness is also subject."

Hippocrates himself and his students lived according to his oath. That is no longer the case today, and this has consequences.

Literal translation from the Greek:

I swear by Apollo the physician, by Asclepius, by Hygieia, by Panacea and by all the gods and goddesses, making them my witnesses, that I will keep, according to my ability and judgement, this oath and this contract:

to hold my teacher in this art equal to my own parents, to share life with him and to fulfil his needs when required;

to consider his offspring as my own brothers, and to teach them this art, if they want to learn it, without fee or contract; to impart teaching, oral instruction and all other aspects of education

to my own sons, the sons of my teacher and to indentured pupils who have taken the physician's oath, but to nobody else.

I will use dietary measures to help the sick according to my ability and judgement, but never with a view to injury and wrong-doing. Nor will I administer a poison to anybody when asked to do so, nor will I suggest such a course. Similarly I will not give to a woman a means to cause abortion.

But I will keep pure and holy both my life and my art.

I will not use the knife, not even on those suffering from kidney stones, but I will leave this to those who are craftsmen therein. Into whatever houses I enter, I will enter to help the sick, and I will abstain from all intentional wrong-doing and harm, especially from abusing the bodies of men or women, whether slaves or free.

And whatsoever I shall see or hear in the course of my profession, as well as outside my profession in my intercourse with men, if it be what should not be published abroad, I will never divulge, holding such things to be holy secrets.

Now if I carry out this oath, and break it not, may I gain for ever reputation among all men for my life and for my art; but if I break it and forswear myself, may the opposite befall me.

Recognition and qualification as a doctor was at that time a great achievement that has partially been lost today.

The Bircher-Benner Clinic in Zurich





Dr. med. Maximilian Bircher-Benner

The Bircher-Benner Clinic:

Founded in 1896, the clinic had grown to 120 beds by 1914. It was a first-rate medical and cultural centre where the Hippocratic stance and ethics were taken seriously until it was shut in 1994 by unreasonable politicians.

Many thousands of people were permanently cured of chronic diseases by Bircher-Benner's dietetics and a new order of life consistent with the laws of the human organism. These people were led to him as a result of diseases that are still considered incurable today. Important writers, artists and politicians as well as ordinary people from all over the world visited the clinic, among them Tsar Nicholas II, the first female Israeli Prime Minister Golda Meir, Tunisian President Habib Bourguiba, Thomas Mann, Hermann Hesse, Kurt Furtwängler, Geza Anda, Yehudi Menuhin and many others.

Patients were cured of the most serious diseases: ulcerative colitis, Crohn's disease, diabetes mellitus, tuberculosis, cardiovascular diseases, migraines, obesity, eating disorders, allergies, gastrointestinal diseases, neurodermatitis (chronic eczema), psoriasis, chronic recurring infections, liver and gallbladder conditions, and also many cases of cancer.

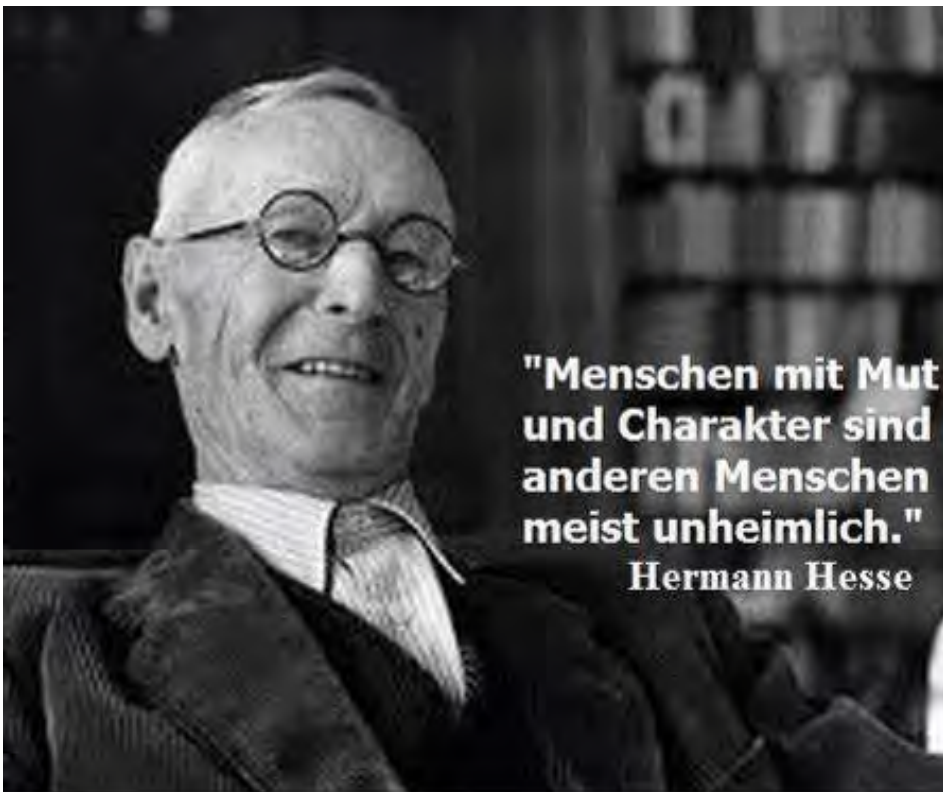
At the Royal Free Hospital in London, patients with the most severe osteoarthritis were successfully treated according to Bircher-Benner's instructions since it had been shown that this disease was also curable with his dietetics and regulative therapy.



Tsar Nicholas II



Thomas Mann

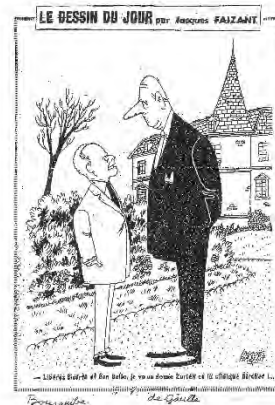


Hermann Hesse

"People with courage and character are usually scary to other people."



Maria Montessori



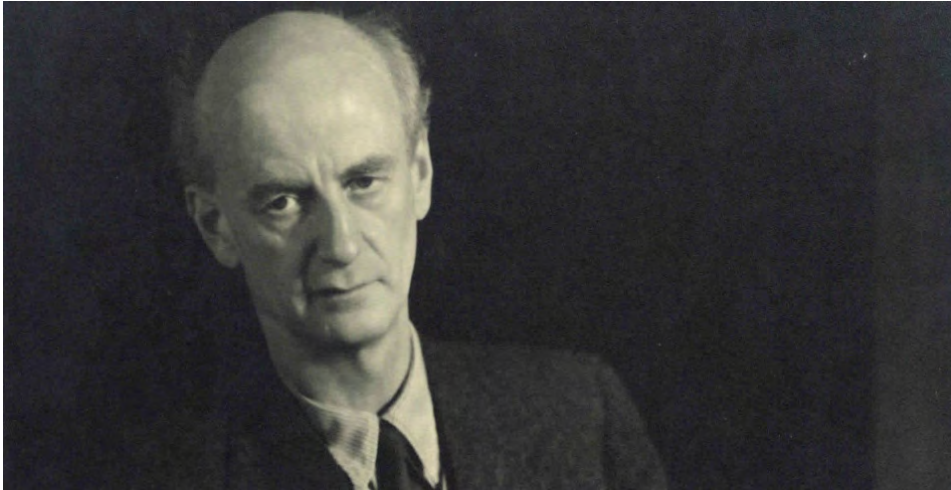
Habib Bourguiba at the Bircher-Benner Clinic in Zurich with the head physician
Cartoon from the magazine Paris Match: "Libérez Bizerte et Ben Bella et je vous donne Zürich et la Clinique Bircher-Benner."



Yehudi Menuhin



Golda Meir



Kurt Furtwängler



Geza Anda

By 1973, there were waiting lists of up to a year for new patients. Then the second generation of the Bircher family, who were now elderly, sold the clinic to the State of Zurich. The Clinic was continued quite well during 20 years. However, then the members of the governing council of Zürich changed. Unreasonable politicians dismissed the staff, closed the clinic and sold the buildings to "Zurich" insurance company in a private sale.

The search for a new site

It was not easy to find a new site that we were able to finance in order to carry on the Bircher-Benner Clinic, until we found a large hotel that could be renovated and converted into a hospital-compliant clinic:

The Bircher-Benner Clinic in Le Pont



In 2004, we used our private savings to set up a non-profit foundation – the Lilli & Andres Bircher Foundation – in order to promote scientifically based natural medicine and regulative therapy, and we with this foundation, we bought the “Grand-Hotel de la Vallée de Joux”, which was run as a family hostel. With the help of donations and a construction loan, from the UBS Bank unfortunately, we

converted it into a clinic.





Lounge, dining room, verandas





Reading room, common rooms



Patient rooms with private bathroom and with an emergency alarm system connected to the wardroom of the nurses



Radiology, clinic laboratory



The galvanic Stanger (hydroelectric) bath and underwater jet massage, X-ray results



Jet affusion



Hydrotherapy: cold affusion according to Kneipp/Winternitz and alternating hip bath



Galvanic four-chamber bath



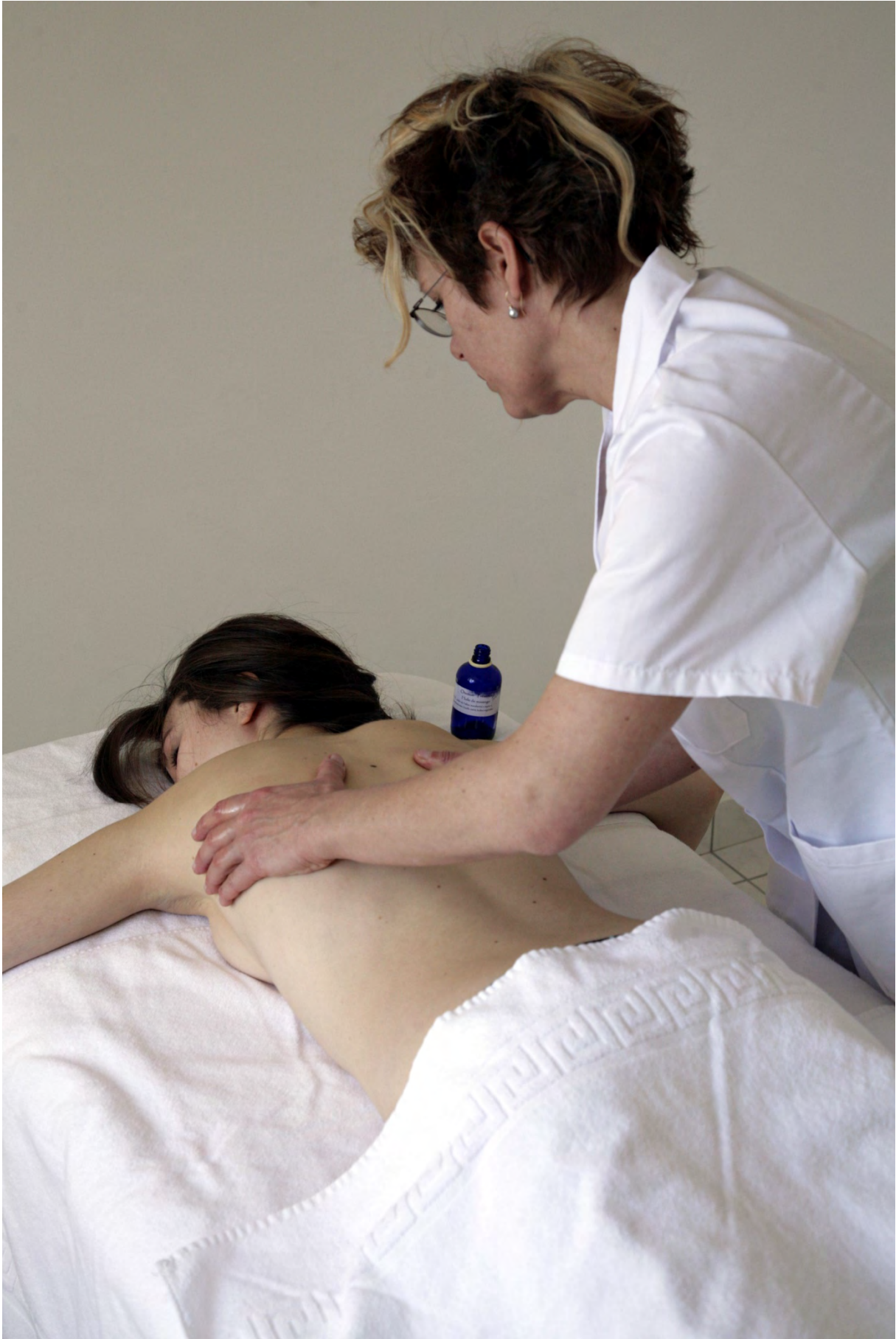
Table shower massage



Colonic hydrotherapy



Craniosacral therapy



Connective tissue massage



The Bircher-Benner kitchen

La Fondation Lilli & Andres Bircher présente:
dans le Centre de médecine naturelle scientifique
Bircher-Benner, Grand-hôtel du lac, 1342 Le Pont

Concert de musique pour violoncelle et piano
Joël Marosi, violoncelle & André Briel, piano

Dimanche, 2 décembre 2007, commencement: 17.00 heures
Entrée: 20.00 CHF

Centre de médecine naturelle
scientifique Bircher-Benner
Rue de la Dent 11, 1342 Le Pont

Concert
2 décembre 2007, 17.00 h
20.00 CHF

Ticket-Nr.

FONDATION
 LILLI & ANDRÉS BIRCHER
 POUR UNE MÉDECINE
 NATURELLE SCIENTIFIQUE

Concerts in the large hall

In June 2007, we were able to open the clinic and start our work of helping many sick people.

In the spring 2008, UBS Bank went bankrupt and had to be rescued by the state. In the following informational letter that we sent to the editorial offices of Swiss newspapers and to our patients and friends, we described what happened next:

UBS BANK PLUNDERS NON-PROFIT FOUNDATION!

Braunwald, 29 September 2011

Dear patients, Sir or Madam,

In 2004, we founded the Lilli & Andres Bircher Foundation in Le Pont to promote scientifically based natural medicine through research, teaching, training and the construction of a clinic. The foundation acquired the Grand-Hotel du Lac in Le Pont for this purpose, and by 2007 this had been converted into hospital compliant clinic along with a training and research centre. We ourselves put 3.7 million francs into this non-profit facility. Several people donated six-figure sums to our non-profit foundation. It was bequeathed a legacy of more than a million francs. To carry out the conversion, which cost 6.3 million, we needed a building loan of 4.1 million francs. Following the conversion, Remax valued the property assets of the foundation at 14.6 million francs.

The first patients came from Great Britain, California, Paris, Israel, Germany, Italy, Thailand and Switzerland. We were able to contribute significantly to the healing of many people. In the first six months, the clinic had achieved turnover of 1.1 million francs and made a profit of 150,000 francs. It also managed to increase its value greatly by re-zoning 20,000 m² of farmland into building land.

In 2008, as the fraud of the bank UBS became known in the USA and the inhabitants of Zurich were out demonstrating against them with placards reading “United Bandits of Switzerland”, the arrogance of this bank knew no limits. They refused to convert the building loan into a longer-term mortgage and the initially promised business loan. They increased the interest rate from 3.5 to almost 6% (5.9%) and granted only a short-term mortgage. They then demanded the profit that had been earned as a repayment to choke the operations of the clinic.

However, that still did not succeed in destroying our foundation. They demanded full repayment of the entire mortgage (now 4 million francs) within a month, even though all interest and instalments had always been paid on time and we had a lot of bookings.

Plundering foundations and property speculation were the order of the day. We looked in vain for any of the major banks to take over the mortgage. The reply was always the same. “An extremely interesting, very promising enterprise that deserves to be supported, but unfortunately we have a policy decision that says we are not allowed to take anything over from UBS Bank.”

In Germany, plundering non-profit foundations is prohibited by law, but this is not the case in Switzerland. The behaviour of the public regulatory authorities is totally passive. The national government, which is responsible for supervising non-profit foundations, has even changed laws in order to rescue UBS from bankruptcy with public funds. Swiss Presidents Merz and Leuthard have contented themselves with cloying regret and lazy responses, rather than instructing the bank to leave the loan to our foundation. Therefore, they have at least passively participated in this economic crime.

During the first year of the moratorium on debt enforcement, behind the back of the Foundation Board and without publicly announcing it, UBS secretly orchestrated an internal so-called “auction” of the entire property complex of the clinic for around one million francs among people very close to UBS. The Foundation Board discovered this a few days beforehand and barely managed to prevent this illegal act.

The Lilli & Andres Bircher Foundation has demonstrated its financial strength by financing the extortionate interest of UBS and building maintenance for the clinic, including renovation and heating costs, Insurance premiums for two years of the moratorium on debt cancellation. This was due to an investment pledge in writing for 12.6 million francs from a Mr Schuster from the USA, with money from Swiss bank accounts. When Mr Schuster tried to pay this amount via the legal firm of a Mr Enzo Caputo, which is next to UBS at Paradeplatz in Zurich, this investment was blocked.

Despite all of this, we are looking forward to reopening our medical centre on 1 October 2011 in Braunwald and to resuming our work helping numerous people. The public benefit of our new foundation is recognised.

Lilli and Andres Bircher

Supplement:

The re-zoning of the agricultural land into building land was thwarted by the Lex Weber law, so UBS came away empty-handed in this regard. The building now stands empty. The players at UBS have written it off and let it go to rack and ruin but, with the arrogance particular to them, they refuse to give it back to our new foundation.

The Maximilian Bircher Foundation and the Bircher-Benner Medical Centre in Braunwald.







Since 2011, we have continued to run the Bircher-Benner Clinic in the form of the Bircher-Benner Medical Centre in Braunwald. We do this in collaboration with a small family-run hotel that is excellently managed, where our patients have their rooms. The individual diets, we prescribe for them, are very carefully prepared there. We work with local therapists.

For diagnostic investigations and therapy, the patients come to our centre, which is 20 minutes' walk away. They come from Germany, Austria, London, Paris, Argentina, Columbia, Costa Rica, the USA, Canada and Switzerland. We continue our scientific work.

Bircher-Benner publications

We have published a whole series of scientifically based Bircher-Benner manuals on different disease-related topics to guide doctors, patients and relatives in making their own particular contribution to healing. We financed translations into English with donations made to the new, non-profit, tax-exempt Maximilian Bircher Foundation. As of this year, they are available in all English-speaking countries and are distributed by Pathway Book Service and Gazelle.

 <p>Dr. med. Max Bircher-Benner Vom Werden des neuen Arztes</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	 <p>Dr. med. Max Bircher-Benner The Physician of the Future</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	 <p>Dr. med. Max Bircher-Benner Il futuro medico</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	 <p>Dr. Ralph Bircher Bircher-Benner Leben und Lebenswerk</p> <p>Wegbereiter der neuen Ernährungslehre und Heilkunde</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>
4	4	10	10
<p>Bircher-Benner</p> <p>Manual of fresh juices, raw vegetables and fruit dishes</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Handbuch für Frischsäfte, Rohkost und Früchtespeisen</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Handbuch für Rheuma- und Arthritiskranke</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Manual for patients with rheumatism and arthritis</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>
10	14	19	24
<p>Bircher-Benner</p> <p>Manuel pour les malades souffrant de rhumatisme et d'arthrite</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Handbuch für Magen- und Darmkranke</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Handbuch für Bluthochdruck, Herz- und Arteriosklerosekranke</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>	<p>Bircher-Benner</p> <p>Handbuch für die Verhütung der Demenz und Alzheimerkrankheit</p> <p>EDITION BIRCHER-BENNER CH-8784 Braunwald</p>

The medical team of the new clinic:

Dr. med. Jenő Ebert

Study of medicine: 1964 - 1970, Semmelweis University in Budapest with graduation / doctorate in September 1970, immediately afterwards military doctor until March 1971.

March 1, 1971 - October 1971, resident gynecologist in Budapest, Semmelweis Hospital.

October 2, 1971 - October 1973, as a sports doctor and figure skater at the German Ice Theater in Berlin.

November 3 - December 1973 seat guard in the cardiac surgery department of the University Clinic Hamburg-Eppendorf.

January 4, 1974 - May 1976, assistant doctor in the internal department of the Edmundsthal-Siemenswalde hospital in Geesthacht. (mainly bronchology and pulmonology)

May 5, 1976 - May 1977, assistant doctor in the internal department of the Bethesda Hospital in Hamburg-Bergedorf. (mainly interdisciplinary intensive care unit with cardiological work, such as cardiac catheters, pacemakers, phonomechanocardiography)

May 6, 1977 - June 1978, full-time X-ray training in the same building.

July 7, 1978 - June 1980, assistant physician at the 2nd Medical Clinic of the teaching hospital of the University of Freiburg in Konstanz (mainly gastroenterology with extensive endoscopy, such as gastroduodenoscopy, recto-colonoscopy, laparoscopy, internal sonography, oncology, nephrology)

January 8, 1979 - June 1980, worked at the Konstanz Pain Clinic. Therapeutic local anesthesia, pain blocks, acupuncture and pharmacological therapy, TENS.

June 9 to August 1980, practice substitutes. Sept. 1980 - April 1981 study trip.

May 10, 1981 - September 1981, senior physician at the private clinic Doktor Wagner in Hinterzarten.

October 11, 1981 - February 1985, resident internist in Stuttgart. Start of homeopathic training with Prof. Dorcsi in Vienna. Later weekly courses in Bad Brückenau, recognition as a homeopathic doctor by the North Württemberg Medical Association.

March 12, 1985 - January 1989, Senior Physician at the Bircher-Benner Clinic in Zurich. (Dietetics, physiotherapy, phytotherapy, acupuncture, neural therapy and homeopathy) Supervision Dr. Künzli in Zurich.

March 13, 1989 - June 1990, chief physician at the Waldhausklinik in Deuringen near Augsburg. (Small acute clinic for internal diseases with 45 beds. Authorization for further training of doctors in homeopathy and naturopathic treatment from the Bavarian Medical Association).

14. Since November 1990, as a resident doctor in his own private practice in Neusäß near Augsburg.

15. Teaching activity for doctors in homeopathy in Augsburg and weekend seminars in Budapest. Lectures and publications.

16. Author of the book: "Danger: Doctor! Get and stay healthy despite treatment "(VAK-Verlag October 2005 ISBN-10: 3-935767-72-2 ISBN-13: 978-3-935767-72-9)
 17. 2006, publication of my book in Hungary: "Vigyázat: Orvos!"
 18. Retired since February 1st, 2011, at the same time medical president of the Association for Vaccination Criticism in Hungary: Nebancsvirág. www.nebancs.hu
 19. Since 2014 medical advisor to the vaccination critic group "valaszthato-oltas.hu" in Hungary. (We would like to have the mandatory vaccinations in Hungary declared eligible and thus ensure democracy for parents and doctors in this area as well.)
 20. Since 2015, participation in the vaccination-critical organization "Vaccination Decision" in Switzerland. www.impfentscheid.ch. and at the magazine "Impuls".
- Private: married, two grown daughters.

Dr. med. Joachim Mutter

Doctor for internal medicine and toxicology, after working in internal medicine, completed training to become a specialist in hygienic and environmental medicine and additional qualifications for naturopathic and acupuncture.

Important scientific work at the University of Freiburg im Breisgau in toxicology.

Practical work in the medical center for toxicology, causal medicine and dietetics in Konstanz.

Dr. Mutter has published a number of very important books on dietetics and environmental medicine and the treatment of diseases through consistent treatment of the causes of the disease. Dr. Mutter has become one of the most famous German doctors, especially through his successful therapies for neurodegenerative diseases. He has a long waiting list for patients who would like to receive his treatment. Teaching through a series of seminars and lectures. Dr. Mutter is married and has adult children.

Dr. med. Andres Bircher

He is the grandson of Dr. med. Maximilian Bircher-Benner. After studying medicine in Zurich and Geneva, ten years as a hospital doctor in anesthesiology, intensive care medicine, rescue services, surgery, paediatrics, psychosomatics, hematology, geriatrics, psychiatry and psychotherapy, as a specialist at Zurich university hospitals in a leading position. Training psychoanalysis with Bryan Kenny, chief physician at a clinic for internal medicine in Zurich and later in western Switzerland. Studies and specialist training in TCM and acupuncture in Vienna, neural therapy, manual therapy, classic homeopathy in Lucerne and Munich. Training as a German specialist in balneology, climatology and physical medicine. Scientific work on nutritional energy, dietetics and the effects of regulatory medicine. Publication of many medical manuals for the therapy of various diseases on a scientific basis. Medical director of the Bircher-Benner Medical Center.

The scientific Council

Prof. Dr. med. André-Michael Beer, M.Sc.

Studied human medicine at RWTH Aachen University, did his doctorate in the Physiology department and completed his specialist training in gynecology and obstetrics at the Luisenhospital Aachen. He then headed a balneo-gynecological-oncological rehabilitation clinic in Bad Kissingen for two years. For 19 years he has been the clinic director of the clinic for naturopathy at the Blankenstein Clinic in Hattingen (Catholic Clinic Bochum).

He gained additional designations for naturopathic treatment, physical medicine, rehabilitation, balneology and medical climatology and additional qualifications for acupuncture, emergency medicine and psychosomatic medicine.

His main focus is on outpatient and inpatient care, especially for the chronically ill, with classic natural healing methods. In 2004 he qualified as a professor at the Ruhr University Bochum in the field of naturopathy, where he heads the teaching area for naturopathy in the general medicine department. His publications have appeared in well-known magazines.

Prof. Dr. med. Lukas Krähenbühl

Trained in Northampton, Bern, Zürich, Freiburg. Professor Krähenbühl has been a specialist in surgery since 1993 and has been specializing in visceral surgery, general surgery and traumatology since 1995. As a senior physician, he first worked in Northampton, then he worked in Berne at the Ziegler Hospital and the University-Inselspital, where he has been chief doctor since 1999. In 2000 he moved to Zurich University Hospital as a senior doctor. From 2002 to 2006 he was the chief physician of the surgical department of the Fribourg Cantonal Hospital, then an attending physician at the Lindenhof Hospital in Bern. In 2003 he was appointed adjunct professor at the University of Zurich. Since October 2013 he has worked as a senior surgeon at the Glarus Cantonal Hospital. From the end of April 2017, he headed the surgical department of the Einsiedeln Hospital as chief physician; and became a member of the executive board.

The other members of the scientific council are the doctors who will participate and work in the new clinic:

Dr. Jenö Eberg

Dr. Joachim mother

Dr. med. Andres Bircher

The members of the scientific council guarantee the medical and scientific competence of the Bircher-Benner Clinic and the quality of the advanced training.

The networking

We are networked with the [German Medical Association for Naturopathy](#), which has put Bircher-Benner-order-therapy at the centre of naturopathy, with the [Medical Associations for Homeopathy, for Manual Therapy, the Austrian Medical Association for Scientific Acupuncture, the International Medical Association for Neural Therapy](#). We work together with the [German Society for Health Counseling](#) and are networked with the [German Society for Balneology, Climatology and Physical Therapy](#), as well as the [Chair of Climatology at the University of Munich](#) and with the [television channel Naturmedizin QS 24](#), and the [German magazines "Natürlich" and "Raum und Zeit"](#), in which our articles appear regularly.

The urgent need for an adequate clinic building

The centre has grown. It has become too small and we cannot offer patients any nursing, cannot assume the training of further doctors or therapists. We can hardly recruit any further staff. We need the hydrotherapeutic facilities that we were able to take with us from Le Pont. We also really need our own kitchen so we can adjust diets even better and fine-tune them even more individually for our patients and their diseases. With just the consulting and some technical rooms we have in the centre, it is not possible to further develop this work and carry it on into the future.

On issues of succession and sustainability

Doctors, some of them from far away, nursing professionals and therapists inquire about learning our therapy methods from us or about working with us. We are negotiating with several well-trained doctors who can be considered as chief doctors for the clinic. The whole family of two generations is involved with us. Sustainability is also given by the increasing need for a scientifically founded medicine, which complements the scientific paradigm of the medical school with the scientific findings of an equally evidence-based naturopathy, so that the diseases of civilization are avoided and cured by addressing the causes. The training and further education of the following doctors, nurses and therapists as successors is in the focus of the new clinic's tasks.

Why your donation is so important

The knowledge and experience in the Bircher-Benner Clinic mean an important contribution to a new type of medical healing and a new direction for medical science that goes beyond the usual thinking at the moment. This centre of competence is important for the prevention and curing of diseases that thousands of people are suffering from without really finding help, a healing art,

which means a way out of the ever more widespread morbidity of the population in "civilized" countries.

The Bircher-Benner Clinic is a centre where Hippocratic ethics continue to live on. Each individual person is shown highest respect and is met with high regard – regard for life and for the marvel of every person. It is a place where doctors, caregivers and therapists tackle the causes of the disease together with patients, so that they learn why they became ill and are happy to collaborate actively in their healing.

Quote from Maximilian Bircher-Benner:

Under the healing induction, the matters of life and of the past that the patient drags behind him acquire a different appearance and different values in the patient's view.

He sees forces at work that he previously could not. He sees the forces of order that will renew his life. He sees a path that he can go along and a future that is acceptable.

What does this mean for the patient?

It means the return of trust in himself – a power of belief; it means that the patient withstands the future.

If the meaning of the disease is fulfilled, the patient can recover.

The Maximilian Bircher Foundation:

Goal of the Foundation

The Maximilian Bircher Foundation promotes scientifically based natural medicine, dietetics and regulative therapy through research, diagnostics, therapy and teaching. Its goal is to find further ways for healing and preventing actually uncured diseases.

Charitable status:

The charitable status of the Maximilian Bircher Foundation is officially recognised by the state.

The Foundation is tax-exempt.

Donors' donations are tax-deductible.

The Foundation Council:

Dr. med. Andres Bircher, Chairman

Ms. Anne-Cécile Bircher

Mr. Pascal Bircher, Actuary

The goal of this appeal for donations

Is to acquire a suitable building for the Foundation. The Foundation needs 3.8 million francs in total to purchase a suitable hotel building in sight that does not need significant conversion. We need a building that will allow us to continue with the Bircher-Benner Clinic (with about 45 patient beds and with rooms for consultancy, therapy and seminars) and to further expand the centre. For the purchase of the Parkhotel Beatenberg 1.3 million francs are still missing.

Donation account:

For security reasons, we cannot enter the donation account here.

If you would like to donate, we will be happy to let you know:

Tel: 0041 21 801 60 04, info@bircher-benner.com. Fax: 0041 55 643 16 93